

## AllBusiness

# 10 Ways to Motivate Your Employees on the Cheap

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## **Bargain Motivator #5: Let Workers Vent**

Employees need to feel their concerns are being heard. If not, job satisfaction -- and ultimately motivation -- will be negatively affected.

"Studies show that employees' ability to express what's troubling them is critical to their psychological well-being on the job," says Dr. Noelle Nelson, author of [\*The Power of Appreciation in Business\*](#). "That psychological well-being translates into better job performance, less absenteeism, and less turnover -- facts a business can ill afford to ignore."

If a single employee seems to lack motivation, a one-on-one might be in order. If the problem of employee apathy appears to be more widespread, conduct an anonymous survey to help you uncover the underlying causes. To view sample surveys on employee satisfaction, visit [Zarca.com](http://Zarca.com).